SURVIVE & THRIVE

TWO-DAY COMPREHENSIVE COURSE

Provided by:

ALABAMA 9:1:1 BOARD

This **two-day** course will equip you to manage the huge stressors unique to Public Safety as well as allow time for a deeper dive into critical issues such as depression, sleep, self-medicating, and PTSD.

JUNE 30- JULY 1

Cullman

8:00 A.M. - 5:00 P.M.

REGISTER TODAY!

16 HOURS CEUS

