EMOTIONAL and SOCIAL INTELLIGENCE

Unlock the power of Emotional and Social Intelligence in this dynamic course designed to boost mental health, self-awareness, and connection with others. Gain practical strategies to navigate life and work with more purpose, balance, and fulfillment.

NOVEMBER 3

NOVEMBER 5

Tuscaloosa

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8:00 A.M. - 5:00 P.M.

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8 HOURS CEUS



