

EMOTIONAL and SOCIAL INTELLIGENCE

Unlock the power of Emotional and Social Intelligence in this dynamic course designed to boost mental health, self-awareness, and connection with others. Gain practical strategies to navigate life and work with more purpose, balance, and fulfillment.

NOVEMBER 3

Tuscaloosa 911

NOVEMBER 5

Baldwin 911

8:00 A.M. - 5:00 P.M.

REGISTER TODAY!

8 HOURS CEUS



CHARLES HEDGESPETH

